

BUTTER AND EGG ADVENTURES

Adventure Course Safety: Explained



ALWAYS STAY ATTACHED

Once your feet leave the ground, you should be attached to one of the shown attachment points!

DO NOT ADJUST YOUR HARNESS

Your harness will be fitted by our staff, do not adjust or loosen any straps! If it comes loose, we can tighten it for you!



KEEP YOUR HELMET ON

Keep your helmet on your head unless instructed to remove it. The helmet must be tight around your head but the chin strap can be slightly loose.

FOLLOW YOUR GUIDE'S INSTRUCTIONS

Our guides will provide you with the rules and equipment to keep you and others safe. Please follow our guides' instructions to the best of your ability.



RELAX AND HAVE FUN

All of our safety precautions are put in place so that you can have fun (safely)! Trust us and our gear so you can have the best time!



Outdoor Recreation
and Retreat Center
in Troy, Alabama